

HALIFAX

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NEWS
WORTH
SHARING.**KAS my flats**

Release your inner Carrie Bradshaw: Kick Ass Shoes moving to Spring Garden Place after Mills acquires the high-end retailer

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M.J. was right: Love's as easy as 1-2-3

Our columnist thinks dating app Tinder is superficial... but, in a way, kinda super?

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**A GREAT CANADIAN**

A flag-draped casket is carried at the funeral for Alex Colville from Manning Memorial Chapel at Acadia University in Wolfville on Wednesday. Colville, renowned painter, engraver, sketch artist and muralist, died July 16 at his home nearby from a heart condition. He was 92. Story, page 6

ANDREW VAUGHAN/THE CANADIAN PRESS

Charges laid in murder case

Dartmouth. Two men are accused of killing pizza delivery driver Donald Chad Smith



PHILIP CROUCHER
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Two men are charged with first-degree murder in the 2010 shooting death of a pizza delivery driver who was working in Dartmouth, a crime that police say was targeted.

Donald Chad Smith, a 27-year-old from Windsor Junction, was shot while delivering pizza on Joseph Young Street. He was pronounced dead at the scene.

An employee at the pizza shop said Smith had only started his job a few days before being shot.

On Wednesday, police arrested three men in relation to the shooting, and after interviews with major-crime inves-



Donald Chad Smith HANDOUT

tigators, a 21-year-old from Dartmouth and a 21-year-old from Cherry Brook were each charged with first-degree murder.

"We do believe the victim and suspects were known to one another and it wasn't a random incident," said Halifax Regional Police spokesman Const. Pierre Bourdages.

The two men charged were both arrested on Wednesday morning. Around 1 p.m., police announced that another man — a 26-year-old former Dartmouth resident — had also been arrested outside the province.

Bourdages said the third man was released several hours after being questioned by investigators. "At this time, no charges will be laid against him," he said.

When asked what led to these arrests almost three years after Smith was gunned down, Bourdages said it was a "long and complicated" investigation that took time.

"We are pleased to bring the people responsible to justice," he said.

Both men were being held in police custody overnight and will be arraigned at Dartmouth provincial court Thursday morning.

Not the end

HRP spokesman Const. Pierre Bourdages said the investigation into Donald Chad Smith's murder continues.

- "There are more charges possible," he said.

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High levels of bacteria

Three HRM beaches closed for swimming

Three HRM beaches have been closed to swimmers due to high levels of bacteria.

On Wednesday, HRM said that the public should avoid swimming in Black Rock and Dingle beaches in Halifax because of an overflow of screened wastewater.

Also, they said since these overflows can lead to high bacteria levels throughout Halifax harbour, people shouldn't swim in other parts of the harbour while the beaches are closed.

Also on Wednesday, HRM announced that Kinsmen Beach at First Lake in Sackville is closed due to high bacteria levels.

Citizens will be told when the beaches re-open.

METRO

Brush fires

Man, 43, charged with arson in north-end fire spree

A 43-year-old man is facing charges of arson relating to a string of brush fires that were allegedly set deliberately in north-end Halifax.

Police say on Sunday, firefighters responded to a brush fire in the 3800 block of MacIntosh Street.

Then on Monday, police say five more calls came in from the same area involving brush and dumpster fires.

All of the fires were quickly put out and there was no damage to any property. Investigators believed the fires were deliberately set and were looking to speak with a man seen in the area at the time two fires were lit.

On Tuesday evening, police say they responded to another brush fire, this time on Bayne Street, and a 43-year-old man was arrested.

He is charged with five counts of arson, along with attempted arson, mischief and possession of incendiary material.

METRO



Jacqueline Hoffman, manager of Kick Ass Shoes on Spring Garden Road, adjusts the window display on Wednesday. JEFF HARPER/METRO

A Kick-Ass deal for Spring Garden retailer

'Very exciting.' Mills to acquire inventory, brand name of high-end shoe spot



RUTH DAVENPORT
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The high-end shoe retailer Kick Ass Shoes is moving out of its current Spring Garden digs and just up the road.

The owners of Mills have announced they've acquired Kick Ass Shoes (KAS) from founder Sonia Felix and will move the inventory to the Mills' store in Spring Garden

Place by Aug. 1.

"It's very exciting for us," said one of Mills' four owners, Lisa Gallivan. "I'm a real shoe girl, so it's very exciting."

Gallivan said the deal covers both the KAS shoe and handbag lines and brand name, providing one-stop shopping to Mills customers.

"We're really excited to have more brands at all price points and be able to have our customers wear and find a fantastic outfit, and complement it with the right bag and accessories," she said.

KAS founder Sonia Felix, who opened the store in 2004, is out of the country

Quoted

"It's a great fit and it's been wonderful working with Sonia (Felix) as well ... and I think we'll do a wonderful job with the brand."

Mills co-owner Lisa Gallivan

and couldn't be reached for comment, but a release states she's selling the shoe business in order to focus on expanding her family health-care businesses.

"Although it was a decision fraught with mixed emotions, I realized I had

achieved what I set out to do — to bring a higher sense of fashion and awareness of brands in the shoe industry to Halifax," states Felix in the release.

Gallivan said the existing shoe department at Mills has been ramping up, but acquiring another locally owned business was a good way to complete the expansion.

"It's not always as easy to add more brands, in any department," she said. "Certainly there's a lot of time and effort and planning involved in getting a brand matrix together for your shoe department, but this is ready-made."

Name that new ferry. HRM wants your input

Metro Transit is wading into public opinion by asking residents to name the new harbour ferry.

The ferry is the first vessel added to the harbour fleet in over 25 years, says a HRM release.

The new ferry is scheduled to launch next spring, and will increase service on the Woodside to Halifax route.

Until Aug. 7, residents can submit name ideas by going

to fluidsurveys.com/s/Ferry-NamingContest/.

Submissions will be narrowed down to five by a committee made up of Mayor Mike Savage, community council members and the directors of Metro Transit and Corporate Communications.

The public will then vote on their favourite out of five. The resident who submits the winning name gets a one-year transit pass. METRO



Metro Transit ferry METRO FILE

Kentville. Couple awake to furry masked intruder sleeping on their couch

Lamont and Mary Larkin sometimes take in boarders, but the visitor they had on Wednesday was of the unexpected variety.

The residents of Kentville woke up to find a masked intruder, a pretty much fully grown raccoon, sleeping on their couch.

"We figure he must have gotten in through the screen door," said Mary. "We could see some of the moulding had been damaged."

Once inside, the animal had a merry old time. When they came downstairs, the Larkins found "a bottom drawer was open, a water bottle had the top taken off and chewed, a waste basket turned over and the cupboard doors were all open."

The raccoon had then proceeded into the apartment they have in the house and, according to Lamont, "had a nice feed of cat food," then for dessert, "took a cigarette out of a package."

After all this, they took a closer look around and "found him sleeping on the couch."

"We called our son who's a



A raccoon not unlike this one had a grand old time at a Kentville home.

GETTY IMAGES FILE

A-ha!

On investigation, it turned out a young fellow in the neighbourhood had been keeping the raccoon as a pet "since it was a baby."

veterinarian. He told us to leave it alone, not touch it as it might have distemper and call animal control," Lamont said.

They also called the Kentville police, who made sure everyone stayed away from the animal until the Department of Natural Resources arrived.

KINGS COUNTY REGISTER



Say, let's take a trip back to 1812

Renee Doucet, left, and Seph Peters perform at Alderney Landing Wednesday. The duo was performing as part of a War of 1812 commemorative concert series, which will be going on all summer. EVAN MCINTYRE/FOR METRO

'Don't vote' message meets resistance

Twitter. Advocacy group for sex-crime victims fed up with lack of action in province

Quoted



"When I get contact about an issue ... it certainly makes me bring that back to my caucus and say, 'I'm getting pressure, we need to pony up.'"

Halifax MP Megan Leslie, who encourages civic engagement to draw attention to issues instead of voting abstention.



RUTH DAVENPORT
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An advocate for victims of sexual violence has backtracked on a somewhat controversial call to action — or lack thereof — in hopes of getting the issue on the radar for the next provincial election.

The WomenVote2013 Twitter account launched Wednesday with a bio that stated, "Vote for the party that commits to protect you. If none do — don't vote!"

"We don't want more dis-

engaged voters," responded Twitter user PamelaHPL, one of several people to question the "don't vote" strategy. "We need voters to DEMAND ANSWERS."

Sherri Bain, who runs the WomenVote2013 account, is a survivor spokesperson for the group Safety for Our Sisters and said she was surprised by the response.

She said withholding the vote seemed the best way to protest a lack of action on Nova Scotia's high incidence of sex

crimes.

"People ... don't know that Nova Scotia is leading the country with these horrible statistics, and we're lagging behind other provinces in our approach to it," she said.

Bain organized a roundtable discussion on sexual violence with politicians earlier this month and said her group wants the three parties to commit to greater treatment and prevention resources in their campaign platforms.

Halifax MP Megan Leslie said she would encourage citizens concerned about any issue to lobby candidates, join an advocacy group or even a political party.

"A party is only as strong as the members in it," she said. "So if we're not getting that feedback and we're not getting that civic engagement within our party, then it's not going to happen."

By the end of the day, Bain had modified the Twitter bio to replace "don't vote" with "leave your ballot blank" — a strategy Leslie still said wasn't ideal.

"I have spoiled my ballot ... but in retrospect, I feel like that was a really passive move," she said. "I regret that I didn't just actually get involved and send a message to any of those candidates that you're not speaking to the issues that I care about."

Cape Breton. Names released after fatal crash

Police have released the names of the three young men who died in a single-vehicle crash in Cape Breton this week.

Logan Patrick MacIntyre, 17, and his brother Morgan Christopher MacIntyre, 19, of Judique, both died at the scene of the crash near Port Hood around 11:30 p.m. on Monday. Joel Cecil Chandler, 20, from Port Hood, died before he was airlifted to hospital.

Police say the vehicle, a five-

In recovery

The four others in the car were all injured. Three remain in hospital in serious condition.

seat Toyota Echo, had seven people inside before it went off the road and into a ditch.

Speed is believed to be a factor. **METRO**

Indian Brook

Woman charged over illegal medication

A woman is facing charges after police say she was found with illegal prescription pills in Indian Brook.

At about 2 p.m. Tuesday, police said they pulled over a vehicle on Crombe Road and found the driver with Dilaudid pills and an undetermined amount of cash.

Kali Zurbel of Indian Brook is facing two charges of drug trafficking. **METRO**

Truro

Trial date set in drug-lab case

A Salmon River man charged after police uncovered an alleged methamphetamine operation in the Truro area is scheduled to stand trial next year.

A four-day trial in provincial court will begin April 7 for Lance Gordon Phillips, 26, who has pleaded not guilty to charges including unlawfully producing methamphetamine and firearms offences.

He has elected for trial by judge. **THE CANADIAN PRESS**

Fisherman dies after fall aboard vessel

A 55-year-old fisherman has died off the southwestern coast of Nova Scotia after falling from a mast aboard his vessel.

Police said Paul Vernon "Brex" Malone fell Tuesday afternoon while working as a crewman aboard the Savana

& Jax, which was swordfishing south of Cape Sable Island.

A search-and-rescue helicopter, plane and coast-guard ship were dispatched but the Lower East Pubnico man died from his injuries before they arrived.

RCMP Sgt. Michel LaCroix said the fishing boat arrived in East Pubnico at around 6 a.m. Wednesday.

The Mounties and the province's Labour Department are investigating.

THE CANADIAN PRESS

By the numbers

16

The number of workplace accidents in the province so far this year.

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Colville had a gift for evoking love and folly, memorial service hears

World-renowned artist. Realist painter died last Tuesday at the age of 92

No moment was too small or trifling for Alex Colville to capture in one of his paintings.

The ordinary, he once said, is important.

But it was Colville's extraordinary talent for reflecting the tenderness of love and ravages of war in his art that was remembered at his memorial service on Wednesday in Wolfville.

Family, friends and admirers paid their respects at the Manning Memorial Chapel at Acadia University, where he once served as chancellor.

A casket draped in the Canadian flag led a procession of mourners inside the chapel, where longtime friend James Perkin recalled

Lasting contribution

"We remember a man who had an instinct for keen observation and a gift to communicate in his art and in his life that which he observed."

Rev. Timothy McFarland, Acadia University chaplain

how Colville's experiences as an official war artist during the Second World War would haunt him decades later.

"A man of profound resilience, he never took an easy, optimistic view of human affairs, having seen the depth of cruelty to which humanity can sink," Perkin told the small, packed chapel while some 300 mourners watched the service in an adjacent hall.

"He has left behind a grieving family, a saddened circle of friends, a town that has lost a beloved citizen. But what a legacy he has left," Perkin said.

"Works of art that will last

forever, paintings that reveal the tenderness of human love, the faithfulness of animals, the nobility of everyday work, all co-existing with the folly and destruction of wars and the uncertainty of life itself."

Colville's body of work, which spanned decades, was memorable and accessible. His art reached millions of Canadians and admirers around the world through art galleries, magazines, book covers, posters, television and even the cover of Bruce Cockburn's 1973 album *Night Vision*, which featured the painting *Horse and Train*.

THE CANADIAN PRESS



Mourners leave the funeral for Alex Colville on Wednesday at Manning Memorial Chapel at Acadia University in Wolfville. Eulogists celebrated the legacy of his vast body of work. ANDREW VAUGHAN/THE CANADIAN PRESS

Artist stoked over battle of the brush strokes



Art in a hurry: Mary Garoutte discusses making a painting in 20 minutes at her Harrietsfield Studio this week. EVAN MCINTYRE/FOR METRO

For one local artist, it's the brush, not the pen, that's mightier than the sword.

On Friday, Mary Garoutte will have only 20 minutes to paint up a storm at the Art Battle National Championship in Toronto. The competition pits artists against each other to complete an entire painting in a short period of time.

"The adrenalin is so much that you're not thinking about how tired you are, you're just on a high. It's a blast," said Garoutte, who won the Halifax finals in June.

Art Battle puts paints and easels in an unusual place: a party. The artists compete side by side in the middle of an open space. Add some blaring music, mingling spectators and a strict deadline and you're far from a tranquil studio.

"Any control you would normally have in the studio is ripped. It's like the whole carpet is ripped from under you, so you just go with the flow," Garoutte said.

She discovered the competition through an online advertisement. She entered for fun, and the Nova Scotia

Coming soon

Mary Garoutte is currently creating paintings for Argyle Fine Art. Her show opens on Sept. 20.

environment," Garoutte said.

Armed with only her brushes, she will battle painters from across the country. She works at Zwicker's Art Gallery and likes the contest because it changes how people observe art.

"It brings this whole kind of accessibility of art to the public, where people don't have to feel like they have to walk into an art gallery," she said. In the past, Garoutte put art in a new place by turning tiny watercolour paintings into jewelry.

EVAN MCINTYRE/FOR METRO

Saint John show booked

Chris Brown not cowed by protests

Controversial musician Chris Brown is adding another Canadian show to his summer tour despite protests from groups in cities hosting his concerts.

Drop Entertainment Group announced Wednesday that Brown will headline the Hot Summer Blast Festival in Saint John, N.B., on Sept. 1. He is also

performing in Toronto, Winnipeg and Dartmouth, which have seen opposition against him for pleading guilty to assaulting singer and then-girlfriend Rihanna in 2009.

Halifax Mayor Mike Savage has voiced his objections to Brown performing in the city on Aug. 31 at Alderney Landing, while companies pulled their sponsorship of the concert after learning he was the headliner.

THE CANADIAN PRESS



Bad PR over his 2009 assault of singer Rihanna doesn't seem to have hurt Chris Brown's bookings. GETTY IMAGES

Glooscap First Nations

Woman charged with stealing from employer

Police have charged a Kentville woman after a theft was reported from the Glooscap Variety Store, Gas Bar and Gaming Room.

In May, police say the Glooscap First Nations completed an audit and it showed irregularities at

the business.

Police were notified and an investigation determined that internal thefts occurred over the past year.

Robin Connell, 45, is charged with theft over \$5,000. She will appear in Kentville Provincial Court on Oct. 15.

The Glooscap First Nations band office confirmed Connell is no longer employed at the store.

KING'S COUNTY REGISTER

Extreme weather

Tornado had winds of up to 175 km/h

Winds in the tornado that touched down in the Grand Lake-area of New Brunswick on Saturday moved at speeds of 135 to 175 kilometres per hour, Environment Canada says. The agency says the tornado's official designation is an Enhanced Fujita 1, or EF-1. The Fujita scale runs from zero to five. THE CANADIAN PRESS

Premiers call for inquiry into missing aboriginal women

Without a trace. 582 cases documented over the past 13 years: Native Women's Association

Provincial and territorial leaders threw their support Wednesday behind a national public inquiry into missing and murdered aboriginal women and girls, ramping up the pressure on Prime Minister Stephen Harper to follow suit.

There was support for an inquiry among the premiers who met with aboriginal leaders Wednesday before the Council of the Federation meeting, said Ontario Premier Kathleen Wynne, who will chair the premiers' summit on Thursday.

She said violence against aboriginal women is an important issue that has touched every Canadian jurisdiction

National concern

"It speaks to the most vulnerable people in our community and when they go missing, we are all worse off."

Manitoba Premier Greg Selinger

and is extremely important to all the leaders who attended the meeting.

Alberta Premier Alison Redford and Newfoundland Premier Kathy Dunderdale were absent from the meeting, but both later went on record as supporting its outcome.

They did so after Michele Audette, president of the Native Women's Association of Canada, had said she interpreted their absence as a message of non-support for the inquiry.

But Redford, who had been



Elder Walter Cooke, right, conducts the opening prayer for premiers and national aboriginal leaders during a meeting on Wednesday in Niagara-on-the-Lake, Ont. AARON LYNETT/THE CANADIAN PRESS

in Toronto on matters related to Alberta's flood aftermath, issued a statement saying she in fact supports the decision taken at the meeting.

"I'm very pleased that pre-

miers were able to take this important step forward together today," the statement said.

And a spokeswoman for Dunderdale said in a statement that the Newfoundland

and Labrador premier supported the outcome of the day's meeting and had been unable to attend because of a family emergency.

THE CANADIAN PRESS

Nutrition experiments

Aboriginal finding sparks national rallies

Rallies are planned across Canada Thursday to draw attention to experiments conducted on aboriginals, and to demand the federal government release all documents that could reveal other such abuses.

People concerned about the tests are expected to gather in seven cities to pray, talk and pressure Ottawa to provide all its information on residential schools to the Truth and Reconciliation Commission.

Researchers in the 1940s knew the people they were studying were hungry, but instead of advocating they be better fed, they chose to use them to test the effects of different vitamins and minerals. THE CANADIAN PRESS

Tablet tussle

Google unveils new Nexus 7

Google is betting consumers will pay more for a sleeker, more powerful version of its Nexus 7 tablet as the Internet company escalates its rivalry with Apple and Amazon.com in technology's key battleground — the mobile computing market.

The fancier devices unveiled Wednesday in San Francisco will go on sale in the U.S. next Tuesday in Google's online store.

THE ASSOCIATED PRESS



Emergency personnel respond to the scene of a train derailment on Wednesday in Santiago de Compostela, Spain. ANTONIO HERNANDEZ/THE ASSOCIATED PRESS

Train derailment kills dozens

A passenger train derailed Wednesday night on a curvy stretch of track in northwestern Spain, killing at least 40 people caught inside toppled cars and injuring more than 140 in the country's worst rail accident in decades, officials said.

Bodies were covered in blankets next to the tracks and res-

cue workers tried to get trapped people out of the train's cars, with smoke billowed from some of the wreckage. Some passengers were pulled out of broken windows, and one man stood atop a carriage lying on its side, using a pickaxe to try to smash through a window. Images showed one car point-

ing up into the air with one of its ends twisted and disfigured, and another severed in two.

The president of the region of Galicia where Santiago de Compostela is the capital said at least 40 people died. But the president of Galicia's main court was quoted as saying 56 died. THE ASSOCIATED PRESS

Getting Dropped Off at the Airport?



Construction is underway along the drop-off curb at Halifax Stanfield. Airport operations will continue, with safe access to the terminal building.

Please watch for signs and allow extra time for your next airport visit. Find out more at www.flyhalifax.com



Drop off early. Check in on time.

By George, we're famous! Royal baby shines light on Prince George, B.C.

What does Prince George think of Prince George?

"Well there's always excitement around a new baby, especially one that shares your name," said Shari Green, mayor of Prince George, B.C.

On Wednesday, the Duke and Duchess of Cambridge announced their newborn son would be named George Alexander Louis — or just Prince George to his friends.

Green said the royal bump couldn't come at a better time.

"We're celebrating 100 years in city, 25 years of the

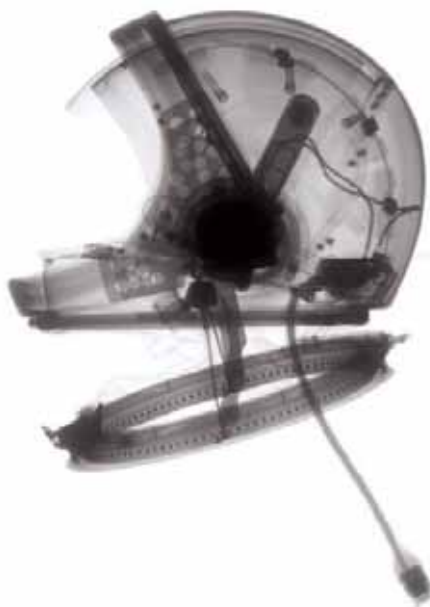
university ... and hosting the Canada Winter Games," she said.

The mayor will be extending a formal invitation to the Cambridge trio for the festivities. City staff are also preparing a care package for the royal tot — including a "little onesie with Prince George on it," she said.

Green was thrilled to win out over a local rival.

"The mayor of Prince Rupert I'm sure is a little bit disappointed today," she joked.

LUKE SIMCOE/METRO ONLINE



Form, function and freedom

An X-ray of the 1964 A4-H Universal helmet, showing the ball bearings in the neck ring that allowed the helmet to move right and left without restriction. The image is part of a new art exhibit at the Smithsonian National Air and Space Museum entitled *Suited for Space*, which opens Friday. The exhibit highlights the creativity that allowed humans to explore the moon and aspire to fly even further from Earth. CONTRIBUTED

Another show added

Chris Brown not cowed by protests

Controversial musician Chris Brown is adding another Canadian show to his summer tour, despite protests from groups in cities hosting his concerts.

Drop Entertainment Group announced today that Brown will headline the Hot Summer Blast Festival in Saint John, N.B., on Sept. 1.

Brown is also performing in Toronto, Winnipeg and

Halifax, which have seen opposition against the musician for pleading guilty to assaulting R&B singer and then-girlfriend Rihanna in 2009.

The mayor of Halifax has voiced his objections to Brown performing in the city, while companies pulled their sponsorship of the concert after learning he was the headliner.

Meanwhile, the singer is facing a trial next month in a hit-and-run case after his lawyer entered a not-guilty plea for him Tuesday.

THE CANADIAN PRESS



A Pakistani schoolgirl, displaced from the country's tribal areas due to fighting between militants and the army, removes her shoes before entering her classroom in a poor neighbourhood on the outskirts of Islamabad. MUHAMMED MUHEISEN/THE ASSOCIATED PRESS

Burka ninja says to stay in school

Pakistan. Cartoon sees superheroine fight to keep girls' school open

Wonder Woman and Supergirl now have a Pakistani counterpart — one that shows a lot less skin.

Meet the Burka Avenger: a mild-mannered teacher with secret martial-arts skills who uses a black burka to hide her identity as she fights local thugs seeking to shut down her girls' school.

Sadly, it's a scenario Pakistanis are all too familiar with. The Taliban have blown up hundreds of schools and attacked activists who support girls' education.

Action in the Burka Avenger cartoon series is much more lighthearted. The bumbling bad guys evoke more laughter than fear and are no

match for the Burka Avenger, undoubtedly the first South Asian ninja who wields books and pens as weapons.

The Urdu language show is the brainchild of one of Pakistan's biggest pop stars, Aaron Haroon Rashid, who conceived of it as a way to emphasize the importance of girls' education and teach children other lessons, such as not discriminating against others.

The main bad guys are Vadero Pajero, a corrupt politician, and Baba Bandoor, an evil magician meant to resemble a Taliban commander.

In one episode, Bandoor builds a robot to take over the world's major cities. As he outlines his plan, one of his minions asks, "But how will we get visas to go to all those places?" — a reference to how hard it can be for Pakistanis to travel, given their country's reputation. THE ASSOCIATED PRESS

Didactic derring-do

"Each one of our episodes is centred around a moral, which sends out strong social messages to kids. But it is cloaked in pure entertainment."

Show creator and pop star Aaron Haroon Rashid

Dress to repress?

Burka brings controversy, but imagine spandex

The decision to clothe the superhero in a black burka — also often spelled burqa, a full-length robe commonly worn by conservative Islamic women in Pakistan and Afghanistan — could raise eyebrows because some people view the outfit as a sign of oppression.

The Taliban forced women to wear burkas when they took control of Afghanistan in the 1990s.

The version worn by the Burka Avenger shows only her eyes and fingers — though it has a sleeker, more ninja-like look than the bulky robes of an actual burka.

Rashid, who is certainly no radical Islamist, said he used a burka to give a local feel to the show, which is



The Burka Avenger cartoon, set to run on Geo TV in early August. SEBASTIAN ABBOT/THE ASSOCIATED PRESS

billed as the first animated series ever produced in Pakistan.

"It's not a sign of oppression. She is using the burka to hide her identity like other superheroes," said Rashid.

"Since she is a woman, we could have dressed her up like Catwoman or Wonder Woman, but that probably wouldn't have worked in Pakistan."

THE ASSOCIATED PRESS

Manure attack. Homeless plan to sue, but will their lawsuit pass smell test?

The use of chicken manure to deter a homeless encampment is causing a new stink for officials in Abbotsford, B.C. Several homeless people plan to launch lawsuits.

They claim compensation after their property was lost or damaged when the excrement was spread over their campsite. They also accuse police officers of damaging tents and pepper-spraying belongings.

"We've tried to sit around and talk and we've tried to ask and nothing's happening," said Doug Smith, who plans to file a small-claims lawsuit over the destruction

of his tent.

Smith added: "They need a kick in the (butt) to get moving and that's what we're doing."

He and others also plan to file a human-rights complaint for their treatment.

Abbotsford's mayor has apologized and said the city is "committed" to repairing its relationship with its homeless population.

Abbotsford's police chief asked the province's police watchdog to investigate allegations that officers pepper-sprayed homeless residents and damaged their tents.

THE CANADIAN PRESS

Wartime memory. Little boy's poignant farewell will live on ... in bronze

The City of New Westminster, B.C., is just an outstretched hand away from memorializing in bronze a famous Second World War moment.

It plans to create a bronze of the photo Wait For Me, Daddy, showing a child breaking away from his mom to reach out to his father who was among men marching off to war.

The bronze will be placed at the spot where the picture was taken in the city on Oct. 1, 1940. THE CANADIAN PRESS



The historic photo, Wait For Me, Daddy. NATIONAL ARCHIVES OF CANADA

PM's no Twitter twit, so who writes his tweets?

Harper in 38th place.

When it comes to 140 characters, Obama and the Pope are well ahead of him

Tweet this, Twitter addicts:

A new tally of Twitter use by world leaders ranks Prime Minister Stephen Harper in, wait for it ... 38th place.

It says Harper has more than 357,000 followers — well behind the 33.5 million of U.S. President Barack Obama and Pope Francis, at 7.2 million.

The Twiplomacy study was conducted by the New York-based firm Burson-Marsteller, which bills itself as an "evidence-based" communications company.

"Prime Minister Harper was the fourth world leader to sign up to Twitter in July 2007 in the footsteps of @Bar-



Stephen Harper has more than 357,000 followers — well behind Barack Obama's 33.5 million. TWITTER/SCREENGRAB

ackObama," its report says.

"However, he only started to tweet in September 2008.

"Although the tweets are written in first person he rarely writes the tweets himself."

The prime minister's staff won't reveal who actually does the tweeting.

The report also says Harper doesn't engage frequently with others on Twitter.

That would appear to include most other world leaders, including the U.S. president. Harper doesn't follow Obama's feed.

"Prime Minister Harper is not very conversational, only

2 per cent of his tweets are @replies and 6 per cent retweets," the survey says.

"Surprisingly @PMHarper only follows Russian Prime Minister @MedvedevRussia and Uganda's PM @Amama-Mbabazi but does not follow his peer at the White House."

THE CANADIAN PRESS

Residential schools

Student tells of 'lost childhood'

Ex-student Flora Northwest told the Truth and Reconciliation Commission that religious officials ruined her childhood.

They took her from her parents, cut her hair and

forced her to speak English, she told the commission, which is hearing from residential school survivors in Hobbema, an Alberta community wracked by the drug trade and gang violence.

"I had a beautiful childhood where I used to wake up to the sound of the drum with my grandfather," she said. THE CANADIAN PRESS

Collision with truck

Married couple die on cycle tour

A married couple on a cross-country cycling tour are dead after they were hit by a pickup truck on a stretch of the Trans-Canada Highway in northwestern Ontario.

Robert Booth, 65, and Irene Booth, 69, from the Township of North Glengarry in eastern Ontario, were part of a group of 25 cyclists who set out from Vancouver last month on a Tour du Canada ride.

The group were traveling eastbound on the highway west of Nipigon.

THE CANADIAN PRESS

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WE KNOW OUR STUFF.

Gay pride event met with violent protests

Montenegro. Gay activists leave town by boat after rally for security reasons

Several hundred people shouting "Kill the gays" attacked gay activists and clashed with police on Wednesday in a bid to disrupt

the first ever pride event in staunchly conservative Montenegro, which is seeking to improve its human rights record as it bids to join the European Union.

Angry assailants threw rocks, bottles, glasses and various other objects — including chairs from local cafés — at several dozen flag-waving gay activists in the coastal town of Budva who

Quoted

"I expected opposition but this attack is actually the real image of Montenegro."

Zdravko Cimbalevic, who in 2010 was the first person in Montenegro to publicly declare that he was gay

shouted back "Kiss the gays."

Police pushed the attackers away and allowed the event to continue. Police said about 20 people have been detained.

Some newspapers published mock obituaries for prominent gay activists ahead of the rally, while cafés in Budva stopped playing music for an hour on Tuesday in protest.

THE ASSOCIATED PRESS



A protest turns violent during the first ever gay-pride event in the Montenegrin seaside resort of Budva, Wednesday. RISTO BOZOVIC/THE ASSOCIATED PRESS

100 lawmakers freed

Police break siege of Bulgaria's Parliament

Bulgarian police on Wednesday broke up a blockade of Parliament and escorted out more than 100 lawmakers and ministers who had been trapped inside the besieged building for more than eight hours by protesters seeking to oust the left-leaning government.

Police in riot gear pushed away the protesters and formed a corridor to allow those trapped since Tuesday to leave the

building.

Anti-government protests in Bulgaria's capital have been going on for 40 days, and escalated on Tuesday evening as several hundred demonstrators trapped 109 people — including three ministers, some 30 lawmakers and their staff — inside Parliament.

The appointment of controversial media mogul Delyan Peevski as head of the national security agency sparked this wave of protests. The appointment was immediately revoked but demonstrators insist the government is corrupt and must resign.

THE ASSOCIATED PRESS

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Pussy Riot parole denied

Natalia Alekhina, the mother of jailed feminist punk band Pussy Riot member Maria Alekhina, waves to her daughter as she appears on a TV screen in a courtroom in Perm, Russia, Wednesday. The court turned down an appeal by Alekhina against a previous court ruling that denied her an early release. She was not allowed to take part in person, but was allowed to speak on video-link. Alekhina has served a year and a half out of her two-year prison sentence and was appealing for parole. ALEXANDER AGAFONOV/THE ASSOCIATED PRESS

Mom's more plugged in than you think



Despite the fact that moms are heavily engaged online, preconceptions that they're not interested in technology remain, researchers say. ISTOCK

Social media. Far from being tech-challenged, demo ranks among 'most social consumers you'll meet,' report says

Forget the outdated stereotype of the tech-illiterate soccer mom. Twenty-first-century moms are increasingly becoming one of the most digitally savvy cohorts in Canada, according to a recently released report backed by data from measurement firm comScore and online surveys.

The 2013 Canada Social Mom report, published by the parenting website BabyCenter, calls today's plugged-in moms "the most social consumers you'll meet."

The report suggests 93 per cent of Canadian moms who use the Internet are logging into

social networks every month. Tablet ownership among moms was up nearly 100 per cent in the past year. And mothers were found to be two and a half times more likely to prefer checking their social media feeds on a smartphone rather than using a computer.

Researchers have been watching Canadian moms dramatically increase their Internet usage for years now, but preconceptions that they're not interested in technology remain, said Gagan Sharma, research director for Mom Central Consulting, which has offices in Toronto, Boston and New York.

"Despite the fact we see that moms are heavily engaged online, they're tech savvy, they're engaged, we still find there is that perception where people don't understand that moms are actually leading the charge in a lot of ways," Sharma said.

THE CANADIAN PRESS

Music to foodies' ears. Live Nation will stick to locally sourced food at U.S. venues

Concert promoter Live Nation is overhauling its U.S. concessions to serve only local produce and humanely-raised meats.

Starting this week, all produce served at Live Nation's 38 amphitheatres around the U.S. will be sourced from within roughly a 100-mile radius (about 160 kilometres) of each venue. Additionally, all meats will carry either Certified Humane, Global Animal Partnership or Animal Welfare Approved certification.

The change will cost the company about an extra \$1 mil-

lion US a year, but concertgoers won't see that reflected in food or ticket prices, says Live Nation CEO Michael Rapino. He believes the goodwill generated by serving better food and supporting local farms will be compensation enough.

The company has brought on celebrity chef Hugh Acheson as a consultant to help guide the changes. Acheson, an outspoken proponent of local and sustainable agriculture, is best known for appearances on Bravo's Top Chef and Top Chef Masters. THE ASSOCIATED PRESS



Celebrity chef and Ottawa native Hugh Acheson will help Live Nation with its plan to provide ethically sourced food at its U.S. venues. THE ASSOCIATED PRESS FILE

U.K. currency

Pride, prejudice and pounds: Austen to grace banknote

Jane Austen will become the new face on England's 10-pound notes. The Bank of England chose the chronicler of 18th-century English country life as the new face of the note, bowing to critics who had complained it was ignoring women on the currency.

The controversy began this year when the bank announced it would replace the 19th-century social reformer Elizabeth Fry with wartime Prime Minister Winston Churchill on the five-pound note, meaning no other woman — besides Queen Elizabeth II — would be represented on Britain's currency. THE ASSOCIATED PRESS

Wireless market

Don't give Verizon special treatment, Rogers CEO says

Big U.S. carriers like Verizon shouldn't be allowed to buy new Canadian wireless firms at discount prices while the big domestic carriers are barred from the same opportunity, the CEO of Rogers said Wednesday.

Rogers welcomes competition but wants a level playing field, Nadir Mohamed told analysts. "What we're absolutely against is a tilted or stacked playing field where you have a massive incumbent U.S. carrier that would be given favourable treatment, and frankly better treatment than Canadian incumbents," Mohamed said. THE CANADIAN PRESS

Market Minute



DOLLAR
96.94¢
(-0.29¢)

TSX
12,672.30 (-73.08)

OIL
\$105.39 US (-\$1.84)

GOLD
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DON'T LIKE YOUR DATE? DELETE IT!

Is dating shrinking?

I feel like dating has gotten smaller, with less weight and consequence. The Book of Love has become a pamphlet.

I've been pondering what I've been pondering with my Brain because recently I discovered a smartphone dating app called Tinder, which condenses relationship hunting to its smallest, shallowest form.

Unlike other dating sites that get bogged down in details like what the person is like or whether they can speak English, Tinder just focuses on what you need to know: name, age, location, and looks. If it's good enough for your pass-partner, it's good enough for your soulmate.

And many Tinder users conveniently add photographs that focus on areas below the neck, in case you're not a face person.

There is room to write a bio, but the box is barely big enough for a cigarette warning. If you like the person, you swipe to the



HE SAYS

John Mazerolle

metronews.ca

right. If you don't, to the left.

Essentially it's Goldilocks and The Three Bears if Goldilocks had grown up to be a player: Not hot enough! Too hot! Just right. Check!

There are all types on Tinder, but a typical woman on the site is a 22-year-old named Lauren (I swear, every fourth one is Lauren) who has a small dog, friends she poses with at clubs, a tendency to get a leg up when she takes selfies, and an inspirational quote that makes sense about 35 per cent of the time. ("Life is just in-between reality and fantasy, so love.")

If two people like each other, the app opens a chat window and you can start planning your wedding. If either person chooses "Nope," then neither side is the wiser.

Tinder removes all the depth from online dating, which is a bit like removing all the nutrients from a Twinkie or cutting the substantive scenes from a Michael Bay movie.

But I still kind of like it. I know the gut reaction is to cry out

about how shallow the app is, but whatever — most deep relationships start in the shallow end, and if two people just want to fool around in the pool, laughing Danger in the face, more power to them. My only issue — and what made me think about dating shrinking — is that there is no risk on Tinder. The app lets you approach the most beautiful woman within 100 miles, and she can't laugh in your face. She can screenshot you to Instagram, sure, but it doesn't have quite the same impact.

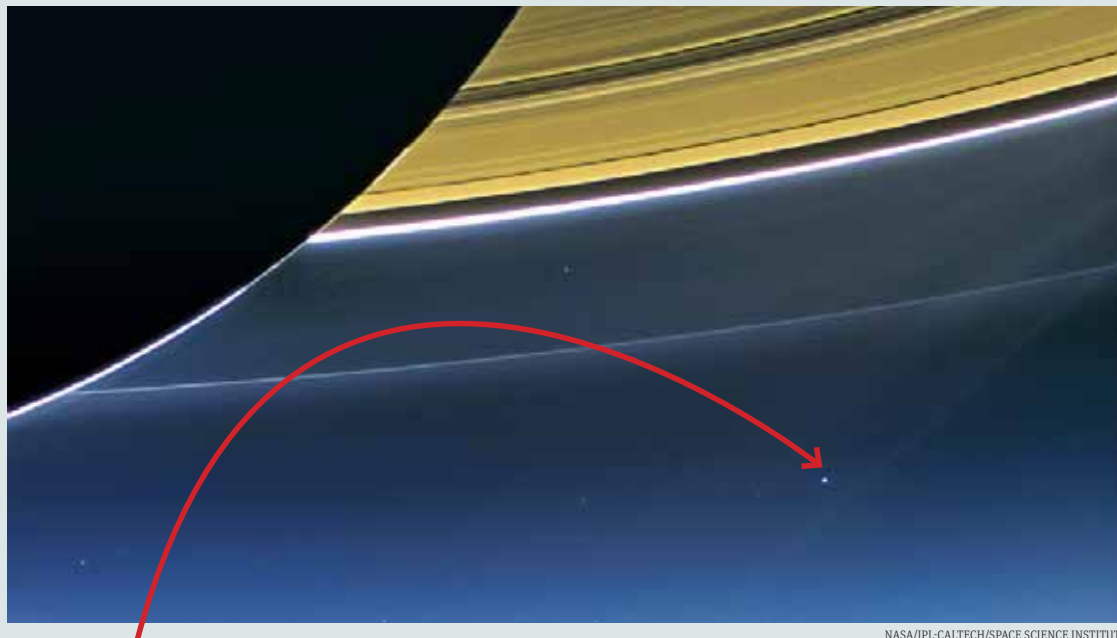
I remember how BIG dating seemed when I was in my early 20s. Asking someone out was an enormous mountain to climb — a difficult task when your palms are sweaty and you're hyperventilating.

So what's it like for a young person now? How do relationships feel when so many are started online, before you're as jaded as a 30-something? I'm not judging. I'm genuinely curious.

Once I dreamed of putting my hand on the cheek of a beautiful woman, like Romeo and Juliet. Now I swipe my thumb across her face. Dating may be shrinking, but these are big thoughts for Lauren and I to consider. We're going to be very happy together. Not her dog, though. I swiped it left.

ZOOM

Your hair looks great, from Saturn



NASA/JPL-CALTECH/SPACE SCIENCE INSTITUTE

Cassini spacecraft snaps our planet

NASA has released a rare image of Earth and the Moon taken by a spacecraft orbiting Saturn. In the picture by NASA's Cassini spacecraft, the planetary objects, shining as bright beacons from millions of kilometres away, appear as mere dots — Earth a pale blue and the moon a stark white, visible between Saturn's rings. **METRO**

Photo op



"It thrills me that people worldwide took a break from their normal activities to go outside and celebrate the interplanetary salute between robot and maker." Carolyn Porco, Cassini imaging team lead at Space Science Institute

Public waves from grand distance

The photograph made on July 19 marked the first time people knew in advance that their long-distance picture was being taken. The public was asked to wave at Saturn after finding the ringed planet in their part of the sky, in an event scientist and Cassini imaging team leader Carolyn Porco described as an "interplanetary cosmic photo session." **METRO**

Long shot

1.5 billion

kilometres is the distance from Earth that NASA's Cassini spacecraft captured the colour images from its perch in the Saturn system.

Clickbait



ANDREW FIFIELD

andrew.fifield@metronews.ca

So, has last week's Sharknado frenzy left you frothing for more laughably awful dialogue and willfully dodgy special effects, all served up with a sly wink? Luckily, Netflix has your back with these available-to-stream gems.

Student Bodies

A merciless parody of early slasher flicks starring The Breather, a faceless killer with a MacGyver-like mind for improvising murder weapons used to dispatch a selection of standard-issue pretty '80s studs and ladies. Agonizingly hilarious, it was *Scream* before *Scream* existed.

Rubber

Robert the sentient air tire goes rogue, leaving a bloody trail of high-concept

deaths across the Mojave Desert. It's as absurd as it sounds.

Tremors 2

Aftershocks - Tremors was an instant classic, and if you think otherwise then I invite you to bounce a basketball across the film's Nevada setting. And while the sequel is one depressing degree removed from Kevin Bacon, the giant subterranean carnivorous worms pose just as big a problem as always.

Letters

The Conservative government's mismanagement of the North has made its cost of living soar and caused shortages of basic services, hurting families and jeopardizing the economic potential of the region. His bungling of adjustments to the federally-funded Nutrition North program has sent food prices skyrocketing, some reportedly as high as 250 per cent.

Grossly inadequate housing has left too many without a place to live.

Too many communities still lack access to fast, reliable Internet service, undermining business development and skills training. And a lack of basic health and mental

health services is undermining the foundations of communities — the very basis of their prosperity.

With bountiful natural resources and a quickly growing population, the North is building a strong economy. Yet its full potential cannot be realized if families cannot afford healthy food, cannot find a place to live and cannot get the supports they need.

Mr. Harper needs to be more than a tourist when he visits the North for his annual Arctic photo op later this summer.

**Yvonne Jones, MP
Liberal Party of Canada Northern
Development Critic
Mary's Harbour, N.L.**

WE WANT TO HEAR FROM YOU:

Send us your comments: halifaxletters@metronews.ca

Throbbing hearts and staying power: The Tegan and Sara story

Listen. Sisters return to Halifax with seventh album, *Heartthrob*



BACKSTAGE PASS
Jenna Conter
halifax@metronews.ca

With the conclusion of Halifax Pride this weekend, it's a perfect time for Calgary's singing sisters Tegan and Sara to visit the city.

Eager to entice us at the Metro Centre on Tuesday night, Tegan Quin tells me the venture into music was a generational right of passage.

"We started playing music when we were teenagers — it was the '90s and everyone had a band," Quin said.

"After so many years things changed and we are lucky to stay current."

When the digital age of the late 1990s took the music business by the hand and led it into the new millennium, the sisters took to the trend.

At-home recording technology placed musical manipulation at their fingertips and, as Quin recalls, allowed for both growth in their music and personal message.

Both openly gay, the Quins never intended to be a pride mouthpiece but, as Tegan shares, they use their personal story as a tool to relate to their fans.

"I think we are musicians that are conscious and accepting that we are living in a time of the digital age and social media is very important and it's gotten to a point in our



Tegan and Sara are performing next week at the Metro Centre. Tickets are \$46.50. LINDSEY BARNES

Drink it in

- **What.** Tegan and Sara, with special guest Lights
- **When.** Tuesday, 8 p.m.
- **Where.** Halifax Metro Centre
- **Tickets.** sonicconcerts.com

career that we're not just engaging with our fans but with press and radio," she said.

"We just remain honest and open and I try to make it a more positive place for every-

body."

Thankfully the sisters keep the spotlight on their music, allowing their sexual preference to remain an after thought.

For those who have listened to their music over the years, the now seven albums that make up the Tegan and Sara empire allow the Quins to cater to their firm fan base and "build epic set lists for the live shows."

Success continues to find them with their latest album *Heartthrob*.

"I get this feeling sometimes that people are saying, 'When will those bitches quit — they've been at it so long — seven records — get out of the way,' but I get really excited when people are just discovering us now with this record and (it) makes me excited that there is a whole world out there to explore."

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2 SCENE



Jared Leto ALL IMAGES GETTY

Leto lets us in on his troubled, drug-fuelled past

It turns out Jared Leto's own teenage years were a lot more dramatic than what he played on *My So-Called Life*. In a Letter to my Younger Self for the U.K.'s *Big Issue*, Leto admits to a pretty rocky adolescence. "If I met the teenage Jared now the first thing I'd notice would probably be that my wallet was missing," he writes. "I was in trouble quite a bit with the authorities, any person who

made rules or the law. Probably a lot of my behaviour was related to doing drugs." Leto even cops to considering some different career paths. "I was at a crossroads in life when I was 16," he admits. "I didn't know I was going to be an actor. I thought it might be an artist or a painter. Or maybe a drug dealer. But I didn't know which path I would take. It's just fortunate that I chose one over the other."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Bynes being held after fire incident in California

Amanda Bynes' return to California went south pretty fast, with the troubled actress detained by police and put on a 72-hour psychiatric hold after reportedly trespassing and setting a small fire on a neighbour's property, according to police reports obtained by TMZ. "I see this girl with her pant leg on fire and a gas can trailing fire through the driveway," local resident Andrew Liverpool tells E!

News. "She put the fire out on her leg and was rushing over to her dog. I kicked the gas can over and moved it to the middle of the driveway so nothing else would catch on fire. I said, 'Are you OK?' She was kind of frantic and discombobulated." Bynes allegedly attempted to flee the scene in a taxi, with police cars chasing after. The troubled actress returned to California because she "was unable to find any place to live in New York City because of her bizarre behaviour," a source tells Radar Online. "No one would rent an apartment to her. She does own a house in Calabasas. It's unclear how she got to California from New York."

Twitter



@lenadunham

Makeup artist pointed to my pimple. Other makeup artist said "yeah, that's the one I was telling you about yesterday."



@rihanna

So I have to wait 'til August 5th to get the 2nd season of "Girls" on Apple TV????!!!! Whyyyyyyyyyyyyy?????



@JuddApatow

North West will dominate the royal baby in all aspects of life. Style, athleticism, sense of humor, flow, sexiness, height, math & hustle.



Lisa Kudrow

Kudrow urges all to forget about Friends the movie

Lisa Kudrow wants to be clear: There won't be a *Friends* movie, so please stop asking about it. "I knew there wasn't ever a movie. There was never a *Friends* movie.

Ever. So I've always known it's not happening," she tells CNN. "With

this last rumour someone came up with a great graphic with the couch and it looked like a real teaser. And then someone came up with a fake story and got some publication to buy the lie that there was going to be a reunion. And I went, 'Wait a minute, was I not invited? Oh my God, maybe there is one and I wasn't asked to do it.' I even had a moment where I believed it because everything around it looked real. It was a good setup."

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This trend's got staying power

If you follow beauty blogs and magazines, you may have noticed that primers are the new "must" makeup artists swear by. We test out five to see which can stand the heat and humidity

ROMINA MCGUINNESS
Metro World News

By Terry Hyaluronic Hydra-Primer

The press release says the formula will reduce enlarged pores. But after putting it on, mine still looked like gaping holes. The formula felt heavier than I expected, but it gets high marks for staying power. Twelve hours and a sweaty yoga class later, I still had a full face of makeup on. \$59, spacenk.com



MAC Prep + Prime Skin Primer

Everything about this is shimmery — the packaging, tube and cream all contain glitter. So I expected this to give my skin a glow as well. No dice. But I liked that this primer made my skin feel smooth and oil free. However, it took me twice as long to wash my makeup off. \$29, maccosmetics.com

Estée Lauder Illuminating Perfecting Primer

Is that a glow I see? This primer brightened up my face and anchored down my BB cream, stopping it from sliding off my face. The texture is thick, but not pore-cloggingly so, and the formula, which includes shea butter, made my skin feel softer than usual. But I could do without the mattifying effect, which was too powdery for my taste. \$32, esteeauder.com



Stila One Step Correct

This formula made my makeup look natural and healthy, leaving a dewy, smooth finish. And the colour correcting mousse managed to hide the stubborn red patches around my nose. Best of all, it lasted all day and I forgot I had anything on. \$36, stilacosmetics.com

Benefit 'That Gal' Brightening Face Primer

I tried this on a bad skin day. I was looking a bit sallow. But after trying it on, my cheeks looked rosy. It also gave my skin a smooth surface, hiding my scars and minimizing the size of my pores. Come bedtime — even after I had washed my face — my skin hadn't lost its glow. \$29, benefitcosmetics.com



3
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Dinner. 247-Calorie Chicken Puttanesca

1. Preheat the oven to 350 F. Heat the olive oil in a shallow, heavy casserole.

2. Add the anchovies and garlic and gently cook for 2 to 3 minutes, till the anchovies have melted but the garlic has not browned. Add the tomatoes, olives, and capers, turn down the heat, and simmer gently. Add the chicken thighs and stir well to combine.

3. Place lid on casserole and position on a middle shelf in the oven. Cook for 15 minutes.

4. Remove from the oven and give the chicken a good stir so it's well coated in the juices. Return to the oven, uncovered, and cook for 20 minutes more. Allow to cool for a few minutes before stirring in the basil leaves. Taste for seasoning and

Ingredients

- 1 tbsp extra virgin olive oil
- 20 anchovy fillets, drained (fewer for a milder flavor)
- 4 cloves garlic, coarsely chopped
- 1 lb 5 oz (600 g) cherry tomatoes
- 3 tbsp good-quality mixed marinated pitted olives
- 2 tbsp capers, rinsed and drained
- 12 skinless, boneless chicken thighs
- Leaves from 1 small bunch fresh basil
- Salt and pepper

SERVE. RECIPE TEXT COPYRIGHT © 2013 BY MIMI SPENCER LTD FROM THE FAST-DIET COOKBOOK PUBLISHED BY ATRIA BOOKS, A DIVISION OF SIMON & SCHUSTER, INC.

Cookbook of the Week

A new approach to weight loss

Dr. Michael Mosley's message is that it's possible to lose weight and reduce your risk of diabetes, cardiovascular disease and cancer, all while eating what you would normally eat five days a week. You simply cut your caloric intake two days a week — to 500 calories for women, 600 for men.

The new book, *The FastDiet Cookbook*, which was written by Mimi Spencer with Dr. Sarah Schenker, boasts 150 carefully crafted, nutritious, low-calorie recipes that range from simple breakfast to suppers.

METRO

Quit playin' games with your lawn: learn to landscape

DIY ideas.

Landscaping can be a big investment, so it's important to determine what's right for your yard before making any final decisions

Plan for your next landscaping project with eight essential tips from Yardcore on DIY Network Canada.



Use the edging technique to set a boundary between your lawn and garden. Not only does it look good, but it will keep grass from creeping into your flower bed. ISTOCK IMAGES

1) Set a boundary

It's important to define a border between your lawn and your garden using edging.

This can be for esthetic purposes, as well as to keep grass from creeping into your flower beds. There are multiple options for edging when it comes to material and price, including a cheaper plastic or a more expensive steel or stone.

2) Water it down

It's crucial to make sure your lawn gets enough water during hot summer months. Many simple irrigation systems include a timer feature that allows you to schedule when your lawn should be watered.

3) Keep it healthy

Mulch is a protective covering that not only enhances the decor of your landscape, but also helps to maintain and enrich the soil by preventing the

evaporation of moisture, controlling weeds and stabilizing soil temperatures.

4) Quality soil

Investing in higher quality soil from the beginning makes it more likely for your plants to grow well and can prevent you from having to replace a cheaper option if the roots of your plant can't penetrate the soil.

5) Drain away

Spread a layer of soil in places where the ground is lower than usual in your planting space.

This will help even out the soil and improve drainage.

6) Under the sun

Consider the amount of sunlight your plants will receive when choosing what to plant and the location.

If your plants receive too little light, they won't thrive. On the other hand, if they receive too much light they may burn.

7) Keep it well maintained

It's important to recognize how much time you are able to devote to maintenance of your yard.

Certain features such as a pool, wood deck or large vegetable garden require a great deal of upkeep to continue to look well-maintained.

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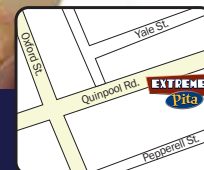
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McDonald ready to rep Maritimes for U-18s

Selection camp.

Halifax goalie gets chance to play for Canada after solid QMJHL rookie season



ANDREW RANKIN
andrew.rankin@metronews.ca

Sixteen-year-old Mason McDonald knew he was in for it facing the Halifax Mooseheads' first line of Nathan MacKinnon, Jonathan Drouin and Martin Frk.

Only months out of playing major midget last season, there the Halifax native was between the pipes for the Bathurst Titan with the daunting task of shutting down the top line in the Canadian Hockey League.

Then, Frk unleashed his trademark rocket from the point that smashed against McDonald's mask, leaving a deep dent behind for good measure.

"That was a big highlight for me last year, playing the Mooseheads," he said.

"You just have to be prepared, they're going to come to you so much faster. The game becomes so much faster, the shots are so much harder with them on the ice."

Cracking a major junior lineup at 16 is a feat in itself,

but the now 17-year-old, six-foot-three netminder appeared in a respectable 26 games with a record of 6-8-3 on a team that finished the season nine games below .500.

Thanks to a supportive billet family and frequent family visits, he was able to make the adjustment in due time.

Now McDonald is among only four goalies, and 38 forwards and defencemen, invited to Canada's Under-18 team selection camp, from Thursday to Monday in Toronto.

A few days after the invite the team's assistant coach and Mooseheads bench boss Dominique Ducharme gave the teenager a congratulatory call.

"It was short and sweet," said McDonald.

The roster will be whittled down to 22 players and he expects to be among them.

"I know I have to work on everything, to have a bigger presence in net and (show) my glove more."

Known for his athleticism, McDonald's aim is to simply be better in his coming draft-eligible year.

A good start would be representing Canada at the 2013 Ivan Hlinka Memorial Tournament in the Czech Republic and Slovakia next month.

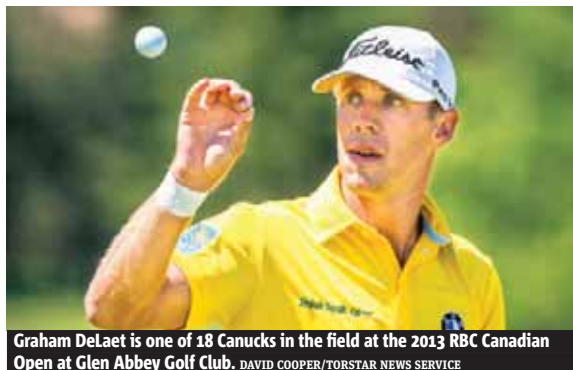


Mason McDonald is the only Maritimer invited to Canada's under-18 team selection camp, from Thursday to Monday in Toronto. COURTESY/QMJHL

Lone Maritimer

"I've worked really hard all summer and I feel very prepared for this." 17-year-old Mason McDonald

Pressure on Canadians to end long drought



Graham DeLaet is one of 18 Canucks in the field at the 2013 RBC Canadian Open at Glen Abbey Golf Club. DAVID COOPER/TORSTAR NEWS SERVICE

National opens always put pressure on the homegrown players, but the expectations are particularly high this week at Glen Abbey Golf Club in Oakville, Ont.

There are 18 Canadians in the field for the 2013 RBC Canadian Open — one of the largest home-country turnouts in the modern history of the tournament — and they're all looking to end a 59-year drought. No Canadian has won the event since Pat Fletcher of Vancouver in 1954.

If anyone can understand

the high expectations it's former Masters champion Mike Weir.

"There is that added feel and pressure, no question," the Brights Grove, Ont., native said Wednesday. "It can be a good thing though to get the crowd behind you," he added. "Get some momentum going, and you can feed off the crowd."

Weir is joined by fellow Ontarians David Hearn from Brantford, Mackenzie Hughes from Dundas, Toronto's Albin Choi, Ottawa's Brad Fritsch, Peter Laws from Milton, Brian

Hadley from Sarnia and amateur Corey Connors of Listowel.

British Columbia is also well represented with Abbotsford's Adam Hadwin, Victoria's Kevin Carrigan, Merritt's Roger Sloan, Comox's Riley Wheeldon, as well as North Vancouver's Bryn Parry and Eugene Wong and amateur Adam Svensson from Surrey in the field.

Calgary's Stephen Ames, Graham DeLaet of Weyburn, Sask., and Eric Banks of Truro, N.S., will also tee off Thursday on the 7,253-yard, par-72 course. **THE CANADIAN PRESS**

MacDonald aims to win the war



Rory MacDonald grounds and pounds Che Mills during their welterweight bout at UFC 145 on April 21, 2012, in Atlanta. MacDonald takes on Jake Ellenberger on Saturday in Seattle. GETTY IMAGES FILE

UFC. Ellenberger has gotten the better of Canadian fighter in pre-fight verbal sparring

Jake (The Juggernaut) Ellenberger has clearly won the pre-fight war of words. But Canadian welterweight Rory (Ares) MacDonald is confident he will dominate when it counts — Saturday night in the cage.

The charismatic Ellenberger has had a field day with the stone-faced MacDonald, using social media and chats with reporters to poke fun at his opponent.

"He has been invented by the media and sold to the fans like a new Justin Bieber song," Ellenberger offered in the buildup to their televised UFC fight at the KeyArena in Seattle.

"This is not a Tears For Fears lookalike contest," Ellenberger told a media conference call.

"Rory: Welcome to 'Chez' Ellenberger". Tonight's special is CANVAS SANDWICHES served FACE DOWN. Bon' appetit," read one Ellenberger

tweet.

"Rory MacDonald: somebody who's been broken more times than the weekend curfew at the dorms at Vassar," read another tweet.

"McDummy. Bad News: Fighting Me. Good News: Handicapped Parking," read another.

"Which round is Rory getting melted? #YouChoose #UFC-ConFox8," Ellenberger said, upping the ante.

That got MacDonald's attention, promoting him to fire back on Twitter: "4some1 with such a week jaw u sure use it alot 2 talk s-t when ur done buildin ur self up ill b there 2send u back 2reality."

"McDummy," Ellenberger tweeted back. "Unless you are using a unit of time as an adjective, the word is 'weak', not 'week', Stupid."

The fact MacDonald broke down and responded was exactly the reaction Ellenberger was after.

"Every quick decision, especially in social media, is based emotionally," Ellenberger said. "I think it's funny, I do it for laughs. And he reacted the way

Welterweight rankings

The fight between Jake Ellenberger and Rory MacDonald has implications in the 170-pound division currently ruled by Georges St-Pierre, who shares a gym with MacDonald in Montreal.

- MacDonald is currently ranked third among welterweights, with Ellenberger fourth.
- GSP meets the No. 1 contender, Johny Hendricks, in November. And No. 2 Carlos Condit faces No. 7 Martin Kampman on Aug. 28.

I assumed he would. For me, I don't take anything personally. Anybody can say anything about me. And what they think about me, I could care less."

MacDonald, a native of Kelowna, B.C., says he has no regrets about jumping into the fray. "It's fun to give your opinion back. It gets people excited for the fight." **THE CANADIAN PRESS**

Murder case

Hernandez's probable-cause hearing delayed

A judge on Wednesday gave prosecutors more time to present evidence to a grand jury in their murder case against former New England Patriots tight end Aaron Hernandez.

Hernandez was in court for what was supposed to be a probable-cause hearing, but prosecutors said the grand jury is still considering the evidence against him.

Judge Daniel O'Shea considered defence objections to a delay but decided to reschedule the hearing for Aug. 22. Hernandez will continue to be held without bail until then. Hernandez has pleaded not guilty to murder in the death of Odin Lloyd, a 27-year-old Boston semi-professional football player whose body was found June 17 in an industrial park near Hernandez's home.

THE ASSOCIATED PRESS

MLB. Blue Jays find new way to let win slip away

The Toronto Blue Jays were perilously close to ending their losing streak. Then they discovered a new way to lose.

With the Blue Jays a strike away from their first victory since July 13, the ball bounced over the head of centre-fielder Colby Rasmus, allowing the Los Angeles Dodgers' Yasiel Puig to cross the plate and tie the score. An implosion by reliable reliever Juan Perez in the 10th inning sealed the Blue Jays' seventh straight loss, 8-3 to the Dodgers on Wednesday night at Rogers Centre.

When closer Casey Janssen entered the game in the ninth to protect a one-run lead, it looked like Toronto finally had a winning recipe. Starter Esmil Rogers worked his way out of several jams, and the offence manufactured the go-ahead run in the eighth.

But in a season that has grown increasingly frustrating, Rasmus' error provided another chapter. Andre Ethier lined a 1-2 pitch to centre, and it hopped over Rasmus' head, scoring Puig from first.

When the Blue Jays couldn't bail Rasmus out, the vaunted bullpen fell apart for the second straight night. One of the team's lone bright spots blew a five-run lead Tuesday,



Blue Jays centre-fielder Colby Rasmus misplays a ball Wednesday in Toronto. TORSTAR NEWS SERVICE

and on Wednesday Perez had his nearly perfect season hit a roadblock.

Perez, who entered with a 0.00 ERA, allowed a walk and then a two-run home run to Dodgers second baseman Mark Ellis. It was just the start of an unravelling inning.

Puig homered to break the game open, and later Ethier hit a two-run double to send fans streaming to the exits.

Rasmus' error was one of five total in the game, and it cost all-star Steve Delabar a victory and Janssen his 19th save of the season.

THE CANADIAN PRESS

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	61	42	.592	—
Tampa Bay	60	42	.588	1/2
Baltimore	57	45	.559	3 1/2
New York	53	48	.525	7
Toronto	45	55	.450	14 1/2

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	56	44	.560	—
Cleveland	53	48	.525	3 1/2
Kansas City	47	51	.480	8
Minnesota	43	55	.439	12
Chicago	39	59	.398	16

WEST DIVISION

	W	L	Pct	GB
Oakland	59	42	.584	—
Texas	56	45	.554	3
Seattle	48	53	.475	11
Los Angeles	47	52	.475	11
Houston	34	66	.340	24 1/2

Wednesday's results

Oakland 4 Houston 3
L.A. Angels 1 Minnesota 0
Cleveland 10 Seattle 1
L.A. Dodgers 8 Toronto 3 (10)
Tampa Bay 5 Boston 1
Texas 3 N.Y. Yankees 1
Kansas City 4 Baltimore 3
Detroit 6 Chicago White Sox 2

Tuesday's results

L.A. Dodgers 10 Toronto 9
Boston 6 Tampa Bay 2
N.Y. Yankees 5 Texas 4
Kansas City 3 Baltimore 2
Detroit 6 Chicago White Sox 2
Houston 5 Oakland 4

Minnesota 10 L.A. Angels 3 (10)
Seattle 4 Cleveland 3
Thursday's games — All times Eastern

N.Y. Yankees (Kuroda 9-6) at Texas (Holland 8-5), 2:05 p.m.
Detroit (Verlander 10-7) at Chicago White Sox (Peavy 7-4), 2:10 p.m.
Houston (Bedard 3-7) at Toronto (Buehrle 5-7), 7:07 p.m.

Tampa Bay (Hellickson 9-3) at Boston (Lackey 7-7), 7:10 p.m.
Baltimore (Gonzalez 8-3) at Kansas City (Guthrie 9-7), 8:10 p.m.
L.A. Angels (Wilson 10-6) at Oakland (Straily 6-3), 10:05 p.m.
Minnesota (Correa 7-6) at Seattle (Iwamura 9-4), 10:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	57	44	.564	—
Philadelphia	49	51	.490	7 1/2
Washington	48	53	.475	9
New York	44	53	.454	11
Miami	37	61	.378	18 1/2

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	60	37	.619	—
Pittsburgh	60	39	.606	1
Cincinnati	57	44	.564	5
Chicago	44	54	.449	16 1/2
Milwaukee	42	58	.420	19 1/2

WEST DIVISION

	W	L	Pct	GB
Los Angeles	53	47	.530	—
Arizona	52	48	.520	1
Colorado	48	53	.475	5 1/2
San Francisco	46	54	.460	7
San Diego	45	57	.441	9

Wednesday's results

Pittsburgh 4 Washington 2
Atlanta 8 N.Y. Mets 2
Milwaukee 3 San Diego 1
Philadelphia at St. Louis
Miami at Colorado
Chicago Cubs at Arizona
Cincinnati at San Francisco

Tuesday's results

Cincinnati 9 San Francisco 3
Pittsburgh 5 Washington 1
N.Y. Mets 4 Atlanta 1
San Diego 6 Milwaukee 2
St. Louis 4 Philadelphia 1
Miami 4 Colorado 2

Arizona 10 Chicago Cubs 4
San Francisco 5 Cincinnati 3
Thursday's games — All times Eastern

Atlanta (Wood 0-2) at N.Y. Mets (Wheeler 3-1), 12:10 p.m.
Pittsburgh (Burnett 4-7) at Washington (Gonzalez 7-3), 12:35 p.m.
San Diego (Volquez 7-8) at Milwaukee (Gallardo 8-8), 2:10 p.m.
Miami (Eovaldi 2-1) at Colorado (Nicasio 6-4), 3:10 p.m.
Philadelphia (Kendrick 9-6) at St. Louis (Lynn 11-5), 7:15 p.m.
Chicago Cubs (Villanueva 2-6) at Arizona (Miley 6-8), 9:40 p.m.
Cincinnati (Latos 9-3) at L.A. Dodgers (Greinke 8-2), 10:10 p.m.

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pts
Toronto	4	2	2	0	118	116	4
Montreal	4	1	3	0	90	112	2
Hamilton	4	1	3	0	79	126	2
Winnipeg	4	1	3	0	91	109	2

WEST DIVISION

	GP	W	L	T	PF	PA	Pts
Saskatchewan	4	4	0	0	151	67	8
Calgary	4	3	1	0	125	109	6
B.C.	4	3	1	0	104	84	6
Edmonton	4	1	3	0	72	107	2

Thursday's game — All times Eastern

Edmonton at Montreal, 7:30 p.m.

Friday's game

Calgary at Winnipeg, 8 p.m.

Saturday's game

Saskatchewan at Hamilton, 7:30 p.m.

MLS

EASTERN CONFERENCE

	W	L	T	GF	GA	Pts
Kansas City	10	5	6	31	20	36
Montreal	9	5	5	31	29	32
New York	9	7	5	29	24	32
Philadelphia	8	6	7	32	30	31
Houston	8	6	5	22	19	29
New England	7	7	6	25	18	27
Chicago	7	9	3	24	29	24
Columbus	6	9	5	23	25	23
Toronto FC	2	10	8	17	28	14
D.C. United	2	14	4	9	33	10

WESTERN CONFERENCE

	W	L	T	GF	GA	Pts
Real Salt Lake	11	6	4	33	20	37
Portland	8	2	10	30	18	34
Los Angeles	10	8	3	32	25	33
Vancouver	9	6	5	33	28	32
FC Dallas	8	5	8	27	32	32
Colorado	8	7	7	26	24	31
Seattle	7	7	4	22	21	25
San Jose	6	9	6	21	32	24
Chivas USA	4	11	5	18	35	17

Saturday's games — All Times Eastern

Columbus at Toronto FC, 2 p.m.
Philadelphia at Vancouver, 7 p.m.
Real Salt Lake at New York, 7 p.m.
Kansas City at Montreal, 7 p.m.
New England at D.C., 7 p.m.
Los Angeles at Colorado, 7 p.m.
Chicago at Houston, 9 p.m.
Portland at San Jose, 10:30 p.m.
Sunday's game
Chivas USA at Seattle, 11 p.m.

Horoscopes

Aries

March 21 - April 20

If you approach a difficult task with confidence today, you will do an excellent job of it and impress a lot of people. But don't go over the top and go around shouting what a winner you are. Be modest.

Taurus

April 21 - May 21

There are some annoying people out there and you must promise yourself that, whatever the provocation, you won't lose your cool. If you do, you may lose other things too.

Gemini

May 22 - June 21

Your ideas may be good but you need to find ways to make them pay. It shouldn't be difficult but bear in mind: some people will be negative, no matter how much you achieve.

Cancer

June 22 - July 23

Be extra careful with your cash, investments and other commercial interests today. Most importantly, don't let anyone push you into signing something you are not 100 per cent sure about. Just say "no".

Leo

July 24 - Aug. 23

You may think you can force others to go along with your plans, but it's not the best strategy. If they don't want to accompany you on your journey, they would be a liability anyway.

Virgo

Aug. 24 - Sept. 23

Turn your back on the past and move into the bright future that awaits you. You can't do it all at once, but you must be serious about it. There have been far too many false starts.

Libra

Sept. 24 - Oct. 23

Everyone you meet seems determined to point out where you've been going wrong. But you don't have to agree with them. Smile sweetly, nod in agreement then carry on doing what you're doing.

Scorpio

Oct. 24 - Nov. 22

You may be bored and looking to inject excitement into your life but don't go too far and annoy people on whom you may depend. That is especially important on the work front.

Sagittarius

Nov. 23 - Dec. 21

The message of the stars today is that you should keep your head and not try to impose your will on others. However big and tough a Sag you may be, there is always someone bigger and tougher out there.

Capricorn

Dec. 22 - Jan. 20

It's not like you to make a drama out of a crisis but the cosmic picture is making it hard to see anything but problems. Think positive and circumstances will improve.

Aquarius

Jan. 21 - Feb. 19

Someone may be acting selfishly but there is no need to provoke a fight. That could be exactly what they are hoping for as they need to take their aggression out on someone.

Pisces

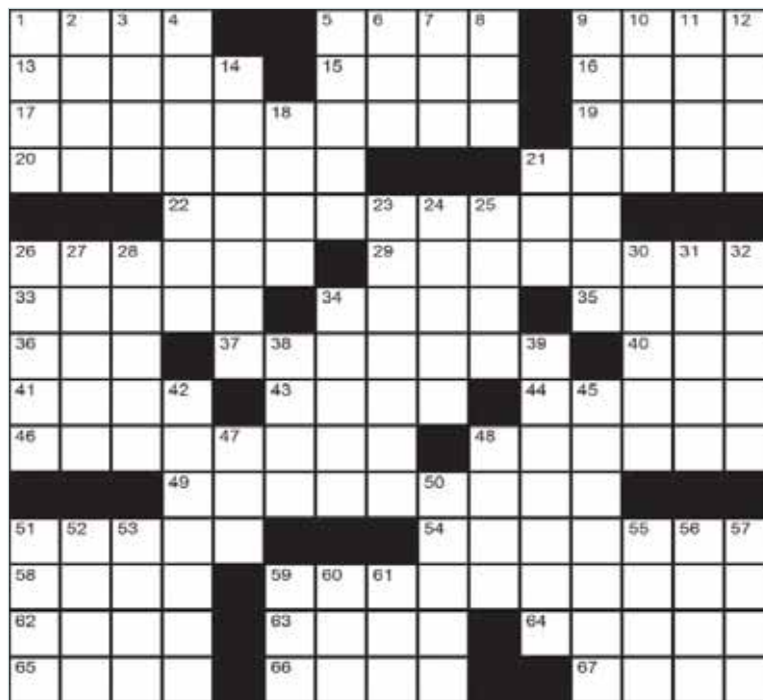
Feb. 20 - March 20

The answers you get depend on the questions you ask and if you ask intelligent questions about your life and the direction it is moving, you will get all the answers you need today. SALLY BROMPTON

Crossword: Canada Across and Down

Across

- Coliseum, e.g.
- Part of BYOB
- Exchange
- Tropical tubers
- Approximately: 2 wds.
- Roll Call list-ee's response
- Swimming style, quite literally
- Largest continent
- "Forget it!", colloquially: 2 wds.
- Go in
- Person-on-a-pulley fun
- Central Alberta town
- General of Canada
- Clan on "Dallas"
- Mr. Gooding Jr.
- "Able was ____" (Palindrome start)
- Carried out
- Pushes beyond the limits
- Eliminate
- Lettered-land 'til 1991
- Phyllis Diller's husband's name from her stand-up act
- Skin care company
- CFB __, in Ontario
- Committees
- War of 1812 vessels: 2 wds.
- "Rock You" Canadian hard rock band
- name (Alias)
- Herman Melville



Down

- Egyptian sun god, variantly
- Kind of shark
- Advantages
- Earth-to-sky 'meeting' place
- Bumpkin
- Mythical monster
- Miley Cyrus song: "Party in the ____"
- Plunder
- "Remember (Walking in the Sand)" by The ____ Las
- The ____ Coast
- India ____ (Singer/songwriter)
- Seckel is a sort

'yes'

Down

- Egyptian sun god, variantly
- Kind of shark
- Advantages
- Earth-to-sky 'meeting' place
- Bumpkin

- Mythical monster
- Miley Cyrus song: "Party in the ____"
- Plunder
- "Remember (Walking in the Sand)" by The ____ Las
- The ____ Coast
- India ____ (Singer/songwriter)
- Seckel is a sort

- Orchestra section
- Seven: French
- Compass point
- Some lizards
- "It's ____ deal" (Don't worry about it)
- Drizzling dogs experimenter, ____ Pavlov
- Resulted in, ____ to

- "Is that such ____ idea?"
- Centre point
- Chutzpah
- Bay window
- ____ a beet
- The Pretenders album: 'Learning to ____'
- Pan brand
- Awakes with smelling salts, perhaps: 2 wds.
- Fixed food portions
- Underwriter
- Candle's content
- Cousin of "Pshaw!"
- International Court of Justice site, The ____
- Ms. Kotb, Kathie Lee Gifford's daytime chat co-host
- Radiate
- Rug-making apparatus
- Service on Sunday
- 1999 Matthew McConaughey movie
- Shallow's opposite
- Actor, Stephen ____
- Li'l job
- Pot

Yesterday's Crossword

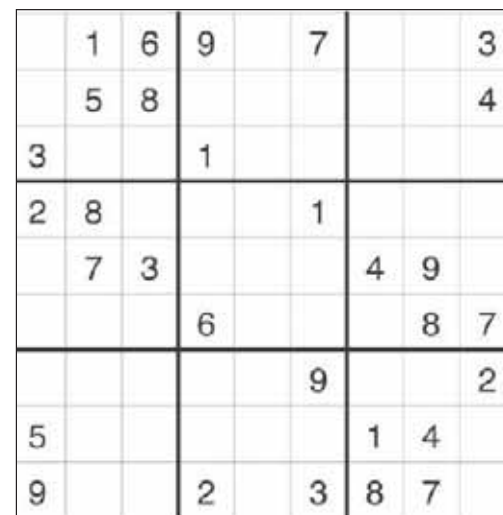


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today

23°/18°
Rain
90%

Friday

23°/18°
Showers
80%

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